

Mary Hermes, PT, DPT, PCS

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PROFESSIONAL EXPERIENCE

9/15-present

San Diego State University, San Diego, CA
Doctor of Physical Therapy Program
Instructor, Teaching Assistant

Teaching Assistant, DPT 835- Neurophysiological Therapeutics I
Instructor for Pediatrics Curriculum DPT 803- Life Cycle II
DPT 837- Intervention in Neuromuscular Therapeutics

11/12-present

Kids on the Go Therapy, San Diego, CA
Founder and Physical Therapist

Owner, director and clinician in pediatric private practice, specializing in evaluation and treatment of children ages 0-12 in the natural environment. Extensive experience in early childhood development and medically fragile infants and children.

- Currently managing, educating and supervising a staff of 6 professional and paraprofessionals who treat children across a diverse and large regional area.
- Developed reputation in community for strong community and parent education focus that improves treatment outcomes.
- Developed business and practice management strategies, negotiated contracts with third party payers and providers, developed of marketing and media plans.

8/11- 1/15

Rady Children's Hospital, San Diego, CA
Lead Physical Therapist, Per Diem Physical Therapist

Assisted with team leadership of 38 physical therapists across 4 sites, new staff orientation, mentorship, coaching, managed customer service issues in addition to patient care

- Center Coordinator of Clinical Education: organized PT student internships, networked with universities
- Coordinator of Continuing Education: facilitated contracts for courses, negotiated speakers
- Member of Early Childhood Mental Health Superleaders Group: organized countywide coordinated developmental trainings for providers/ parents of children aged 0-5.
- Coordinator of continuing education: sourced, organized, contracted and oversaw department-hosted continuing education 2-3 day courses.
- Provided consultations for children through the grant funded Community Care Connections (C3)/ First Five Program through Healthy Development Services.

12/10-7/11

UCLA Santa Monica Medical Center, Santa Monica, CA
Physical Therapist, High Risk Infant Follow Up Clinic

Evaluated the development of infants and toddlers born at UCLA and treated through the NICU at high risk of developmental disabilities and delays. Assessed children and developed reports for referring pediatricians, families and therapists.

- Worked as part of a team consisting of a neonatologist, occupational therapist, registered nurse, dietician and social worker.
- Referred to specialists and/ or developmental programs as needed.
- Implemented the Bayley Scales of Infant Development, third edition, on all children.

8/06-7/10

Dynamic Kids, Inc., Chicago, IL
Owner and Physical Therapist

Owned and managed pediatric private practice specializing in evaluation and treatment of children ages 0-3. Practice was recognized in the community for expertise with complex musculoskeletal,

integumentary and neurological diagnoses, for treatment of medically fragile infants and for interdisciplinary coordinated care.

- Common diagnoses treated included: genetic syndromes, delays and diagnoses associated with prematurity, hemiparesis, torticollis, brachial plexus injuries, cerebral palsy, shaken baby syndrome, fractures, muscle diseases and epidermolysis bullosa.
- Implemented standardized testing, including the AIMS and the PDMS-2 on all children.
- Worked as part of a multidisciplinary team that included an occupational therapist, speech-language pathologist and a developmental therapist.
- Provided community resources or referrals.
- Attended medical appointments with families and provided sibling screenings free of charge.
- Developed contacts, marketed practice to referral sources and community.
- Billed public and private insurance companies, negotiated reimbursements as needed.

**11/05-8/06 Pathways Center, Glenview, IL
Manager, Physical Therapy Department**

Managed 5 clinicians and support staff at a private outpatient pediatric practice that is well known for expertise in treatment of children with cerebral palsy and for best practice, evidence-based treatment. Position included patient care of children ranging in age from birth through mid 20s with multisystem impairments, including cerebral palsy, muscular dystrophy, spina bifida, cri-du-chat syndrome, craniosynostosis, and hypotonia.

- Casted children for DAFO orthoses and soft casts and assisted with bimonthly community orthopedic clinics held on site.
- Coordinated weekly team meetings, inservices, staff schedules and vacations.
- Supervised student program as Center Coordinator for Clinical Education.
- Resolved conflicts with families to ensure patient and family satisfaction.
- Developed departmental budgets, protocols for patient scheduling, summer programs and evaluations.

**3/03-11/05 Chicago Public Schools, Chicago, IL
8/07-6/08 Senior Physical Therapist, Staff Physical Therapist**

Evaluated and treated children from 3-21 years of age with a variety of acute and chronic impairments in order to support their educational needs.

- Assisted with coordination of on-site orthotic, equipment management/ repair and orthopedic clinics for families with limited transportation.
- Participated in staff education and training on common diagnoses, proper lifting techniques, posture, medical management of acute and chronic injuries, disease processes and outcomes and transitions from adolescence to adulthood.
- Trained and supervised paraprofessionals within the school system.

**1/02-3/03 Club Staffing, Inc., Boca Raton, FL
Traveling Physical Therapist**

Evaluated and treated patients in a variety of settings, including outpatient orthopedics, inpatient rehabilitation, skilled nursing facilities, acute care and industrial rehabilitation.

**6/00-12/01 St. Joseph Hospital, Chicago, IL
Staff Physical Therapist, Registry Physical Therapist**

Worked as a staff physical therapist from 6/00-12/01 and a registry physical therapist from 2003-2008.

- Caseload rotations and in-depth training in the acute, inpatient rehabilitation, skilled nursing, high-risk infant follow up clinic and outpatient settings.
- Developed medical resident inservices and education regarding purpose and indications for physical therapy and therapy staff inservices.

- Clinical instructor responsible for supervision and development of physical therapy students.

12/99-6/00

**Midwest Chiropractic Care Center, Chicago, IL
Physical Therapist**

Evaluated and treated patients as the sole physical therapist in a community outpatient orthopedic clinic, working closely with the onsite chiropractor and neurologist.

CERTIFICATIONS/ PROFESSIONAL MEMBERSHIPS

- Board Certified Clinical Specialist in Pediatrics, 2009, American Board of Physical Therapy Specialties
- APTA Credentialed Clinical Instructor
- APTA American Board of Physical Therapy Specialties, Pediatrics Section, Item Writer PCS Exam
- Certified Educator, Infant Massage
- Certified Educator, Happiest Baby on the Block program
- Member, Infant Development Association
- Member, American Physical Therapy Association, Pediatrics and Private Practice Sections
- Member, California Physical Therapy Association, Pediatrics and Private Practice Sections
- Former Assembly Representative, Illinois Physical Therapy Association

EDUCATION

Rocky Mountain University of Health Professions, Provo, UT
Doctor of Physical Therapy, Pediatric Science- 2014

Columbia University, New York, NY
Master of Science in Physical Therapy-1999

Valparaiso University, Valparaiso, IN
Bachelor of Arts in Exercise Science- 1996